



Abundance of the Heart

Solitary Confinement

*I enter
My chamber of
Solitary
Confinement.
Freedom
Reigns
Over
My soul.
I lay
My burdens
Before the
Spirit of the Lord.*

*Songs of praise and
Thanksgiving
Permeate
The boundaries
Of this
Cell
Releasing
Within me
The joyous
Outpouring of
His divine love.*



Abundance of the Heart

No longer
And I locked
Into
The tormenting spirit
Deep within myself.
The door opens
A release
From anxiety
Disappears
Like a leaf is swept away
By the wind.

I leave
The confines
Of this
Solitary visit,
Drawn
By the
Light of the World
And follow
The path
That leads me
To peace.

Rita Sue